

Internal Communication Digest (ICD)

Welcome to the Defence Forces' Internal Communication (IC) Digest.

The Defence Forces Internal Communications Team, will deliver accurate and timely information of interest to our members in order to increase awareness on current and future developments across the organisation.

This monthly ICD along with all DF social media platforms and our online 'Member's Area' will allow information of interest to be distributed across the DF. Our Member's Area on www.military.ie, has been launched to allow personnel to access information while off-site.

For further information on matters which directly affect you, or if you wish to feature in next month's issue please e-mail feedback@defenceforces.ie.

2 CAVALRY SQUADRON

Escort of Honour Upgrade



Key Features



PGM FI PROGRAMED FUEL INJECTION



HECS3 HONDA EVOLUTIONAL CATALYSING SYSTEM



SDBV SHOWA DUAL BENDING VALVE



HSTC HONDA SELECTABLE TORQUE CONTROL



DCT DUAL CLUTCH TRANSMISSION



FULL LED LIGHT EMITTING DIODE



Engine Type: Liquid-cooled 4-stroke 8-valve,sohc Parallel 2-cylinder
 Engine Displacement: 745 Cc
 Max. Power Output : 40.3kw @ 6.250 Rpm (35kw @ 5.750 Rpm)
 Max. Torque: 68 Nm @ 4.750 Rpm (65nm @ 3.750 Rpm)
 Fuel Consumption/emissions: 3.5 L/100 Km / 81 G/km



Length x Width x Height (mm): 2,335 x 875 x 1.475 (STD) 2.335 x 930x 1.475 (ABS/DCT)
 Seat Height (mm): 870/850 (STD position/Low position)
 Wheelbase (mm): 1,535
 Kerb Weight (kg): 220 / 230 (DCT)



Brakes (Front/Rear): 320 mm single wavy hydraulic disc / 240 mm single wavy hydraulic disc
 Tyres (Front/Rear): 120/70-ZR17M/C / 160/60-ZR-17M/C
 Suspension Front: 41 mm Telescopic fork
 Suspension Rear: Monoshock damper, Pro-Link® swingarm,150 mm travel

ARW

'ARW operator's conduct HAHO Military freefall insertion at last light for covert insertion onto a target in unknown desert location'



Gym at Stephens Barracks

Construction of this state of the art facility at Stephens Barracks, Kilkenny, commenced at the end of October 2019, with completion set for 2020. The provision of a modern gymnasium with a multi-purpose hall will facilitate a range of sports and activities such as passing out parades, inspections and similar future events.



Feedback

WE have Listened to YOU and want to hear more!

Public Relations Branch are working to improve internal communication across our Defence Forces. To assist this we have created a forum for open two-way communication where we welcome your feedback and/or questions on any matter of interest to you as a serving member of Óglaigh na hÉireann.

This email address is live now at: feedback@defenceforces.ie

Privacy and Confidentiality are guaranteed and you will receive a response within three working days.



Get On Your Bike with the Cycle to Work Scheme

The Cycle to Work Scheme is a tax incentive scheme which aims to encourage employees to cycle to and from work. Under the scheme employers can pay for bicycles and cycling equipment for their employees and the employee pays back through a salary sacrifice arrangement of up to 12 months. The employee is not liable for tax, PRSI, levies or the Universal Social Charge on their repayments.



Application forms can be found on IKON or in your Unit Orderly Room.

<https://ikon.defenceforces.net/dfhq/spdiv/ob/Pages/cycle.aspx>

Have Your Say – PSPC Discussion

As part of the high-level plan to implement the Public Service Pay Commission Report entitled "Strengthening our Defence Forces – Phase One", the Program Management Office have set up a discussion forum to capture your ideas for non-pay retention measures. The discussion forum will be open until Friday, 22 November.

Please click the link below to view the discussion forum: <https://ikon.defenceforces.net/projects/pspc/Lists/Nonpay%20Retention%20Measures%20%20Ideas/AllItems.aspx>

Seiminéar Gaeilge 2019

Déardaoin 5ú Lá Nollaig 2019

Thursday 05 December 2019

0930 go 1600

Dún Chathail Bhruigha

Fáilte roimh chách/All are welcome



Tuilleadh Eolais, For Info: Féach ar IKON #Gaeilge

DFHQ: Col Jim Burke jim.burke@defenceforces.ie

1 Bde: Lt Ruth Ní Riada, ruth.niriada@defenceforces.ie

1 Cn Cois: Sgt P.J. Maloney pj.maloney@defenceforces.ie

2 Bde: Lt Col Séan Ó Fatharta, sean.ofatharta@defenceforces.ie

DFTC: Lt Col Dermot Hanifin, dermot.hanifin@defenceforces.ie

NS: CPO Paul Brophy paul.brophy@defenceforces.ie

AC: Capt Tadhg Culbert tadhg.culbert@defenceforces.ie



Is this the sign that you've been looking for?

Public Relations Branch are looking for a Sgt/PO to **JOIN OUR TEAM**

Full EOI for position of "Webmaster" in Routine Orders, applications to J1 by 15NOV19
 Interested? Please email info@military.ie

Overseas Qualification Course Dates 2020

- 20 Jan – 07 Feb
- 06 – 24 July
- 05 – 23 Oct



Career Courses 2020

Senior NCO Cse:	Q3/Q4 2020
1 BTC Potential NCOs Cse:	10 Feb – 31 July
Inf YO's:	08 June – 24 July
LFTT_A:	24 Feb – 17 April
Sniper Inst Cse:	21 Sep – 20 Nov
Mortar Inst Cse:	05 Oct – 11 Dec

Recent DF Flickr Uploads

Available to view www.flickr.com/photos/dfmagazine/albums



Please remember members of Óglaigh na hÉireann who died 'In Service' since 1st November 2018



Date	Rank	Name	Unit	Location
20 Nov	Pte	Debbie Forrester	28bn	Mckee Bks
24 Nov	Pte	Cian Mullally	1 Mech Coy	The Curragh
30 Jan	Amn	Niall Byrne	Air Corps	Baldonnel
08 Feb	Sgt	Lou Tormey	6 Inf Bn	Athlone
23 April	Pte	P.J. Keogh	Transport	Athlone
03 July	Pte	Gary Kelly	28bn	Finner Camp
04 Sept	Pte	Noel Stewart	28bn	Finner Camp

*Solas na bhFlaitheas dár n-anamacha
 Light of Heaven to their souls*

1st November 2019
www.militarychaplaincy.ie