Why do you need flu vaccine?

Flu isn't just a cold

Flu can cause pneumonia and bronchitis and can make chronic health conditions worse.

Flu is serious

Up to 500 people die from flu every year in Ireland.

Flu vaccine protects you

You should get the flu vaccine if you:

- are 50 years and older or
- have a chronic health problem such as heart or lung disease or
- are pregnant

Flu vaccine protects others too

You should get the flu vaccine if you are a healthcare worker or a carer or if you live with someone with a chronic health condition.

Flu vaccine is free for people at risk

Talk to your GP (doctor) or pharmacist today about getting the flu vaccine.

Vaccine to boost the immune response in adults aged 65 and over

As we get older our immune system may not respond to vaccines to the same extent. The adjuvanted flu vaccine (available specifically for adults aged 65 years and over) contains an ingredient to create a stronger immune response.

FLU VACCINE

Protect yourself. Protect others.

HSE