2Bde Fitness Testing Dates - March 2021



na hÉireann

Oglaig

Testing for Essential purposes ONLY - Overseas qualification, Selected for Course.

Location	Dates	Timings
Cathal Brugha Barracks	08 Apr - Part 1 & 2 09 Apr - Part 3 29 Apr - Part 1 & 2 30 Apr - Part 3	0900 both dates
Finner Camp, Donegal	07 Apr - Part 1 & 2 08 Apr - Part 3	0900
Custume Barracks, Athlone	13 Apr - Part 1 & 2 14 Apr - Part 3 20 Apr - Part 1 & 2 21 Apr - Part 3	0900 both dates
Aiken Barracks, Dundalk (Red Barns Range	15 Apr - Part 1 & 2 16 Apr - Part 3	0900

All necessary health guidelines and safety precautions will be adhered to so please allow more time than usual to conduct testing. Personnel are required to have their issued face mask in possession.

It is requested to arrive for the testing changed and in PT gear.

Units should not that personnel unfit to perform test due to chronic or short term injury/illness should NOT be detailed to present on testing days

Personnel must be certified 'FIT' on PMS to undergo test, this can be done on the days prior to the test. Personnel NOT certified by Unit Admin Officer up to 30 min prior to test registration time will no be tested.

RENGTHE

DF Internal Communications Team.

