



Testing for Essential purposes ONLY - Overseas qualification, Selection for Career Courses or signing on.

Each location has a testing officer in 1Bde and is self sustaining.

Personnel looking to get tested are required to do so by requesting through their unit.

All necessary health guidelines and safety precautions will be adhered to so please allow more time than usual to conduct testing. Personnel are required to have their issued face mask in possession.

It is requested to arrive for the testing changed and in PT gear.

Units should note that personnel unfit to perform test due to chronic or short term injury/illness should NOT be detailed to present on testing days

Personnel must be certified 'FIT' on PMS to undergo test, this can be done on the days prior to the test. Personnel NOT certified by Unit Admin Officer will no be tested.

DF Internal Communications Team.

