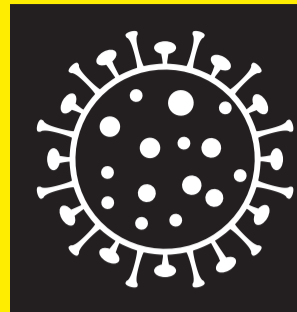


# Coronavirus COVID-19



Coronavirus  
**COVID-19**  
Public Health  
Advice

## What Should I Do?

**I've been to an affected region in the last 14 days and**

**I HAVE symptoms**

1. Stay away from other people
2. Phone your GP without delay
3. If you do not have a GP phone 112 or 999

**I DO NOT HAVE symptoms**

For advice visit [www.hse.ie](http://www.hse.ie)

**I've been in close contact with a confirmed or probable case of COVID-19 (Coronavirus) in the last 14 days and**

**I HAVE symptoms**

1. Stay away from other people
2. Phone your GP without delay
3. If you do not have a GP phone 112 or 999

**I DO NOT HAVE symptoms**

For advice visit [www.hse.ie](http://www.hse.ie)

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## Affected Regions

Check the list of affected regions on [www.hse.ie](http://www.hse.ie)

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## Symptoms

> A Cough > Shortness of Breath > Breathing Difficulties > Fever (High Temperature)

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## How to Prevent



**Wash**

your hands well and often to avoid contamination



**Cover**

your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue



**Avoid**

touching eyes, nose, or mouth with unwashed hands



**Clean**

and disinfect frequently touched objects and surfaces

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## For Daily Updates Visit

[www.gov.ie/health-covid-19](http://www.gov.ie/health-covid-19)

[www.hse.ie](http://www.hse.ie)